

Proclamation

WHEREAS, Heart disease and stroke kill one in three women in the U.S., yet eighty percent of cardiac events may be prevented; and

WHEREAS, cardiovascular diseases and strokes kill one woman every 80 seconds and an estimated 44 million women in the U.S. are affected by cardiovascular diseases; and

WHEREAS, ninety percent of women have one or more risk factors for developing heart disease, yet only one in five American women believe that heart disease is her greatest health threat; and

WHEREAS, women involved with the American Heart Association's Go Red For Women[®] movement live healthier lives, and nearly ninety percent have made at least one healthy behavior change; and

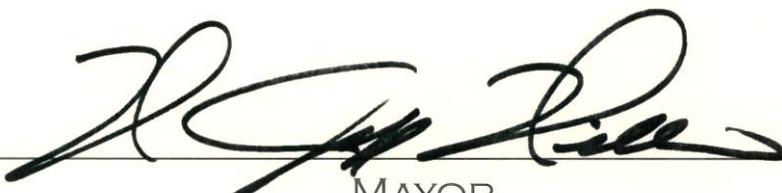
WHEREAS, Go Red For Women encourages women to take charge of their health and schedule a Well-Woman visit to learn about health status and risk for diseases; and

WHEREAS, Go Red For Women is asking all Americans to Go Red by wearing red and speaking red.

NOW, THEREFORE, I, W. Jeff Williams, Mayor of the City of Arlington, Texas, and on behalf of the Arlington City Council, do hereby proclaim the February 5, 2016 as

NATIONAL WEAR RED DAY

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City to be affixed this 26th day of January in the year of Our Lord two thousand and sixteen.


MAYOR

