National Night Out

Tuesday, October 4, 2016

FIGHT THE BITE

DEFEND YOURSELF USING THE 4Ds:

DUSK/DAWN

Protect yourself during dusk and dawn hours when mosquitoes are most active is when infected mosquitoes

DRESS

Wear long sleeves/pants loose and light colored clothing when outdoors

DEET

Use insect repellant that contain DEET

DRAIN

Remove all areas of standing water

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